

COMMEMORATIVE LECTURE

Molecular and Cellular Mechanisms Contributing to the Regulation, Proliferation and Differentiation of Neural Stem Cells in the Adult Dentate Gyrus

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Adult neural stem cells (NSCs) are a potential endogenous source for neuronal cell replacement in the diseased adult central nervous system (CNS). However, the recruitment of adult NSCs for repair is hampered by the current lack of knowledge about the cellular and molecular mechanisms that control their behavior *in vivo*. We have previously demonstrated that environment-derived signals control the fate choice of adult NSCs. More recently we have provided evidence that in the adult hippocampal dentate gyrus – one of the two neurogenic regions of the adult CNS – specialized astrocytes provide signals that instruct NSCs to adopt a neuronal fate. In this review I will examine *in vitro* and *in vivo* the molecular mechanisms underlying the neuronal fate instruction of adult NSCs by the local astrocyte population in the adult hippocampus. In particular, I will focus on the Wnt family of proteins, which we have found to be expressed in adult hippocampal astrocytes; our preliminary studies have also shown that these proteins enhance the generation of neurons from adult NSCs *in vitro*. (Keio J Med 59 (3) : 79–83, September 2010)

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Introduction

In the neurogenic niche of the adult mammalian brain, self-renewing neural stem cells (NSCs) give rise to committed neuronal progenitors within the subgranular zone (SGZ) of the dentate gyrus (DG).¹ Astrocytes are an essential cell population that defines the SGZ niche, and astrocyte-derived factors have instructive effects that promote adult neurogenesis.^{2,3} Recently, we showed that Wnt3 expression persists in the adult hippocampus and that Wnt3 is released by astrocytes to regulate adult neurogenesis *in vitro* and *in vivo*.⁴ In the canonical Wnt/ β -catenin pathway, TCF transcription factors transduce Wnt/ β -catenin signals to activate downstream target genes.^{4–9} However, the target gene(s) of Wnt/ β -catenin signaling responsible for promoting adult neurogenesis have not been identified. Moreover, the regulatory mechanism underlying Wnt-mediated neuronal differentiation

has not yet been elucidated.

NeuroD1 is a proneural bHLH transcription factor essential for the development of the central nervous system (CNS), in particular the generation of granule cells in the hippocampus and cerebellum.^{10,11} Environmental signals regulate adult neurogenesis at least in part through the activation of *NeuroD1*.^{12,13} In preliminary studies, we showed that overexpression of NeuroD1 was sufficient to promote neuronal differentiation in adult hippocampal neural progenitors,¹⁴ whereas deletion of *NeuroD1* resulted in decreased survival and maturation of newborn neurons.¹⁵ Thus, we hypothesized that astrocyte-derived Wnt signals might directly or indirectly regulate the transcription of *NeuroD1* to control the transition of NSCs to committed neuronal progenitors.

The HMG-box transcription factor Sox2 is expressed in embryonic stem cells and most uncommitted cells in the developing CNS.^{16–18} Sox2, which can be detected

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in cells of the mouse blastocyst, maintains precursor cells in a multipotent state.^{19–21} During CNS development, Sox2 prevents neurogenesis, and forced expression of Sox2 results in the loss of proneural cells.^{21,22} Whereas overexpression of *Sox2* in neural progenitor cells derived from embryonic ventricular zone permitted the differentiation of progenitors into astroglia, it inhibited neurogenesis.²³ Although these analyses indicate that Sox2 is a transcriptional repressor of neuronal target genes during development, the exact nature of Sox2 regulation during adult neurogenesis remains elusive.

Here I summarize recent evidence that the transcriptional activation of *NeuroD1* is dependent on canonical Wnt/ β -catenin activation and removal of Sox2 repression from the *NeuroD1* promoter in a sequence-specific manner. These studies provide evidence for possible crosstalk between Sox2 and Wnt/ β -catenin signaling, which represents an important mechanism underlying adult granule cell neuronal differentiation through *NeuroD1*.

Characterization of the Effects of Astrocyte-derived Wnt3 on the Neuronal Differentiation of Adult Neural Stem Cells

To test the hypothesis that Wnt signaling is involved in the regulation of neuronal differentiation of adult hippocampal progenitors (AHPs) induced by hippocampal astrocytes, GFP-expressing AHPs were co-cultured for 4 days with hippocampal astrocytes in the presence or absence of secreted Frizzled-related proteins (sFRPs), which are thought to inhibit Wnt signaling by competing with Frizzled receptors for Wnt ligand and by forming complexes with Frizzled. Differentiation into neurons was evaluated every 24 hours by quantifying the percentage of AHPs expressing doublecortin, a microtubule binding protein that is expressed by at least a subset of proliferating neuroblasts and immature postmitotic neurons in the adult dentate gyrus. In addition, we determined the percentage of AHPs that expressed the mature neuronal marker MAP2ab after 4 days of co-culture. At all time points, the percentage of AHPs that differentiated into neurons was significantly decreased in the presence of sFRP2/3, indicating that Wnts participate in the previously described induction of neuronal differentiation of AHPs by hippocampal astrocyte-derived factors.⁴ Furthermore, we analyzed astrocyte factors through gene expression arrays of hippocampal astrocytes compared to other cells and revealed several relevant changes in expression of genes whose proteins could greatly affect neurogenesis.³

Characterization of the Wnt-signaling Pathway Regulating the Neuronal Differentiation of Adult Neural Stem Cells

The interaction of Wnts with their receptors can trigger several signaling pathways, including the “canonical” β -catenin pathway and the “non-canonical” β -catenin-independent pathways. The β -catenin pathway has been primarily linked to cell proliferation during development; more recently, however, it has also been shown to influence fate determination and differentiation in several different organ systems during development. To examine whether hippocampal astrocyte-derived Wnts stimulated β -catenin signaling in AHPs, the Wnt/ β -catenin signaling reporter Super8XTOPflash was electroporated into AHPs that were subsequently cultured in the presence or absence of a hippocampal astrocyte feeder layer. Co-culture with hippocampal astrocytes resulted in reporter activation, suggesting that hippocampal astrocytes stimulate Wnt signaling within AHPs. Next, AHPs were electroporated with the Wnt/ β -catenin signaling reporter TOPGAL and cultured on hippocampal astrocytes for 4 days. Antibodies to β -galactosidase were used to track the activation of Wnt/ β -catenin signaling within individual cells. β -Galactosidase expression was never observed in the GFAP-positive astrocyte population, which comprises not only the hippocampal astrocyte feeder layer but also the small fraction of AHPs that differentiate into astrocytes. In contrast, we found expression of the reporter almost exclusively in cells (>95% of the β -galactosidase-positive cells; n=300) that were positive for the neuronal markers doublecortin or MAP2ab, indicating that Wnt/ β -catenin signaling is associated with the population of AHPs that differentiated into neurons.⁴

Gain and Loss of Function of Wnt Signaling in the Hippocampal Neurogenic Niche

We tested whether Wnt signaling is involved in the regulation of neurogenesis *in vivo*. Adult BATGAL mice were injected with a single dose of BrdU and sacrificed 24 hours later. Wnt/ β -catenin pathway activity was observed in BrdU-positive cells in the SGZ and in doublecortin-expressing cells with morphological features of proliferating neuroblasts. These *in vivo* results are consistent with our *in vitro* finding that Wnt/ β -catenin signaling regulates neuronal fate commitment and neuroblast proliferation. To block Wnt signaling *in vivo*, we used a secreted mutant Wnt protein in which 71 amino acids had been deleted from the carboxy-terminus of murine *Wnt1* and had been shown to non-autonomously block Wnt signaling in different *in vivo* assays. The cDNA encoding for this dominant negative Wnt protein (*dnWnt*) was cloned into the recombinant lentivirus (LV) vector *CSC-PPT-CMV-IRES-GFP-WPRE*, which contains an expression cassette under the control of the

CMV promoter and an IRES-GFP cassette to allow the identification of infected cells. *LV-dnWnt* or control *LV* encoding for GFP was stereotactically injected into the DG of young adult rats (8–9 weeks; $n=8$). After a 3-week period to allow transgene expression and to minimize confounding factors caused by the surgery, animals were injected with 200 mg/kg body weight BrdU daily for 7 days to label proliferating AHPs and their progeny. Animals were perfused 24 hours after the final BrdU injection. Compared to *LV-GFP*-injected animals, the *LV-dnWnt*-injected animals showed a dramatic reduction in the number ($11170 \pm 1122/\text{mm}^3$ and $2751 \pm 281.4/\text{mm}^3$, respectively, $p<0.0001$, Student's *t*-test) and in the percentage of BrdU-positive cells that differentiated into neurons ($57.62 \pm 4.65\%$ and $31.03 \pm 5.48\%$, respectively, $p<0.005$, Student's *t*-test), resulting in a total ~8-fold reduction in neurogenesis in *LV-dnWnt*-injected animals in the infected areas (i.e., number of BrdU-positive cells per DG volume multiplied by the percentage of BrdU-positive cells that differentiated into neurons; 6302 ± 571.7 new doublecortin-positive neurons/ mm^3 vs. 813.6 ± 118.7 new doublecortin-positive neurons/ mm^3).⁴ We further showed that orphan nuclear receptor *Tlx* played an important role in survival and differentiation of adult neurons in the DG, potentially acting through *Wnt*/beta-catenin signaling.^{24,25}

Induction of Neurogenesis of Adult Neural Stem Cells Through the Manipulation of *Wnt* Signaling *In Vivo*

We tested whether increased *Wnt* signaling is sufficient to enhance adult hippocampal neurogenesis. The cDNA encoding for *Wnt3* and for GFP were cloned into the *LV* vector *CCL-PPT-PGK-IRES-GFP-WPRE*. The expression cassette of this vector is under the control of the *PGK* promoter, which allows higher levels of transgene expression than the CMV promoter. *LV-Wnt3* or *LV-GFP* was stereotactically injected into the DG of mature (15 weeks) adult rats ($n=6$). Within the infected areas, *LV-Wnt3*-injected animals showed a significantly increased percentage of BrdU-positive cells expressing doublecortin compared to *LV-GFP*-injected animals ($53.93 \pm 6.76\%$ and $70.29 \pm 4.29\%$, respectively, $p<0.05$, Mann-Whitney rank sum test). These newborn immature neurons were often found in large clusters of more than 8 DCX/BrdU double-labeled cells in *LV-Wnt3*-injected animals but not in control animals.⁴ In addition we revealed that the *Cdk5*,²⁶ NMDA receptor^{27,28} and *Mash1*²⁹ regulated and controlled the induction of neurogenesis of adult neural stem cells *in vivo*.

Functional Consequence of Loss of *Wnt* Signaling in the Hippocampal Neurogenic Niche

Given the fundamental role of the hippocampus in processes underlying certain forms of learning and memory,

it has been speculated that newborn granule cells contribute to cognition. However, previous strategies aiming to causally link newborn neurons with hippocampal function used ablation strategies that were not exclusive to the hippocampus or that were associated with substantial side effects, such as inflammation. We used a lentiviral approach to specifically block neurogenesis in the DG of adult male rats by inhibiting *Wnt* signaling, which is critically involved in the generation of newborn neurons, using a dominant-negative *WNT* (*dnWNT*). We found a level-dependent effect of adult neurogenesis on the long-term retention of spatial memory in the water maze task: rats with substantially reduced levels of newborn neurons showed less preference for the target zone in probe trials > 2 weeks after acquisition compared to control rats. Furthermore, animals with strongly reduced levels of neurogenesis were impaired in a hippocampus-dependent object recognition task. Social transmission of food preference, a behavioral test that also depends on hippocampal function, was not affected by knockdown of neurogenesis. We identified a role for newborn neurons in distinct aspects of hippocampal function that will lay the groundwork to further elucidate, using experimental and computational strategies, the mechanism by which newborn neurons contribute to behavior.³⁰

Transition from *Sox2*-expressing NSCs to *NeuroD1*-positive Cells in Adult Dentate Gyrus

To visualize the transcription factors determining the transition from the undifferentiated state of NSC to neuronal differentiation, we stained adult hippocampus sections using several antibodies. We used the *Sox2* promoter-driven *EGFP* transgenic mouse¹ and compared the *EGFP* expression pattern with that of *NeuroD1*. *NeuroD1*-expressing cells were clearly detected in the DG area. Importantly, *Sox2*- and *NeuroD1*-positive cells were mutually exclusive, and neither *Sox2* nor *NeuroD1* was immunoreactive for astrocytic S100 β . Cells expressing *NeuroD1* were detected only in the inner layer of the SGZ of the DG, where adult neurogenesis continuously occurs.^{12,31} Also, *Sox2*-positive cells were negative for the mature neuron marker *NeuN*, and *NeuroD1*-positive cells never co-localized with *NeuN*-positive cells.

To characterize the properties of *NeuroD1*-positive cells, we performed an immunohistochemical analysis with specific proneural markers. *NeuroD1*-positive cells co-localized with nestin, calretinin and doublecortin. *Sox2-GFP* cells colocalized with the stem cell marker nestin and only a few and weakly expressing *GFP*-positive cells colocalized with the weaker DCX.¹ A major proportion of the *NeuroD1*-positive cells co-localized with DCX, and a few of them were nestin-positive, suggesting that *NeuroD1*-positive cells had recently transitioned from *Sox2*-positive NSCs toward neurogenesis. *NeuroD1*-positive cells co-localized with Ki67, indicat-

ing that they are in the proliferating population in the DG. To examine the proliferative status of NeuroD1-expressing cells, BrdU (100 mg/kg) was injected once a day for 1 week into Fisher344 rats (7- to 8-week-old animals). Within the subgranular layer of the DG, NeuroD1-positive cells apparently incorporated BrdU. Taken together with an immunohistochemical analysis, it was confirmed that NeuroD1-expressing cells appeared in the mitotically active progenitor stage first, and they were mainly in immature neurons within the granule cell layer of the DG.

Based on the expression of NeuroD1 during adult neurogenesis and the essential role of NeuroD1 in newborn neurons in the adult hippocampus, we focused on the mechanism by which the transcription of the NeuroD1 gene is regulated to better understand neurogenesis in adult NSCs. To gain insight into the possible transcription regulation of NeuroD1 during the transition from NSCs to neuronal cells, we analyzed the DNA binding sequences of Sox2 and TCF/LEF transcription factors on the NeuroD1 and NeuroD2 promoters. The binding sites for the TCF/LEF and Sox2 transcription factors were found within 3 kb upstream of the promoter region of both the NeuroD1 and NeuroD2 promoters. Interestingly, some sequences overlapped. These overlapping DNA regulatory elements were conserved among the human, rat and murine NeuroD1 promoters. This observation led to the subsequent analysis of the functional significance of these overlapping sequences and their reciprocal control over neurogenesis in the adult DG.³²

Does Wnt Signal through β -catenin to Activate TCF/LEF to Regulate Neurogenesis?

We now have evidence that NeuroD1 is up-regulated in early committed neuronal cells. To evaluate this effect *in vivo*, *LV- β -catenin shRNA* or control lentivirus (LV) expressing only *GFP (LV-GFP)* was stereotactically injected into the DG of young adult mice (i.e., 6 to 8 weeks old; n = 12/group). Two weeks after the injection, BrdU (100 mg/kg) was injected once a day for 1 week. Three weeks after the original injection, the animals were analyzed. Our results revealed that control LV-GFP injections resulted in many GFP-positive cells in the granule cell layer of the DG. Some of those GFP-positive cells were Sox2-positive and BrdU-positive, indicating that the lentivirus preferentially infected not only mature neurons but also proliferating cells, including undifferentiated NSCs.³² This finding is consistent with our previous report in which LV-based tracing analysis of Sox2-positive cells within the DG was described.¹

LV- β -catenin shRNA-infected cells were observed in the inner layer of the DG, and the GFP-positive cells expressing *β -catenin shRNA (shRNA-GFP)* also co-localized with Sox2. The shRNA-GFP cells co-localizing with Sox2 were labeled by BrdU, indicating that the

cells in which the β -catenin gene was down-regulated survived and remained in an undifferentiated state.³² Thus, compared to *dnWnt*, *LV- β -catenin shRNA* results in a partial loss of function; therefore, it is possible that small changes in Wnt signaling may regulate proliferation vs. differentiation, whereas complete loss of Wnt signaling would be more detrimental to the neurogenic niche. Thus, as with other molecules involved in these dynamic processes, there are gradients of activity, and the magnitude of signaling within a given signaling pathway may have qualitative as well as quantitative effects.

Discussion and Summary

Adult NSCs are a potential endogenous source for neuronal cell replacement in the diseased adult CNS. However, the recruitment of adult NSCs for repair is hampered by the current lack of knowledge about the cellular and molecular mechanisms that control their behavior *in vivo*. We have previously demonstrated that environment-derived signals control the fate choice of adult NSCs. More recently we have provided evidence that in the adult hippocampal DG – one of the two neurogenic regions of the adult CNS – specialized astrocytes provide signals that instruct NSCs to adopt a neuronal fate. Here I summarized the *in vitro* and *in vivo* molecular mechanisms underlying the neuronal fate instruction of adult NSCs by the local astrocyte population in the adult hippocampus. In particular, I focused on the Wnt family of proteins, which we have found to be expressed in adult hippocampal astrocytes; our studies have also shown that these proteins enhance the generation of neurons from adult NSCs *in vitro*.

Adult neurogenesis represents an extreme form of neural plasticity that has the potential to have significant impact on memory capabilities throughout life. It is clear from many reports that neurogenesis is regulated by many normal life conditions (e.g., stress, age and environmental enrichment), is impaired in a variety of neurological and psychiatric diseases, and can be actively regulated by both behavioral and pharmaceutical interventions (e.g., exercise, SSRIs and chemotherapy), suggesting that the birth of new neurons may be a mechanism to target when addressing neurological and psychiatric diseases. If neurogenesis is going to be used as a therapeutic target in addressing age- and stress-related disorders, for instance, it is important to understand the molecular and cellular mechanisms that control and regulate the process. We have uncovered a potential interaction between three separate molecular pathways that work together to sustain NSCs in the brain and regulate the generation of new neurons in the brain. Understanding the way these pathways coordinate to generate neurons will provide new targets to protect or enhance adult neurogenesis. A better understanding of how adult neurogene-

sis affects and contributes to the function of the hippocampus will help to address why the dysregulation of adult neurogenesis may relate to certain natural and neurological conditions.

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